



West Texas AAU Regional Meet



Region 18

June 22 - June 24, 2023

**TOP 6 RUNNING INDIVIDUAL FINISHERS, TOP 6 FIELD FINISHERS
AND TOP 6 RELAY TEAMS & 4 MULTI-EVENT QUALIFY
FOR THE AAU JUNIOR OLYMPIC GAMES**

SITE: Ratliff Stadium 1862 East Yukon Rd, Odessa, TX 79765

RATIONALE: The National Qualifier Track & Field Meet has been designed to place an emphasis on promoting the sport of track and field in West Texas and the surrounding areas.

QUALIFYING TO 57TH ANNUAL AAU JUNIOR OLYMPIC GAMES

The top 6 individual finishers in running events, top 6 individual finishers in field events and the top 6 relay teams and top 3 multi-events finishers in each event will qualify for the 57th National AAU Junior Olympic Games in Iowa on July 26, 2023 through August 5, 2023 at Drake Stadium at Drake University and the MidAmerican Energy Company RecPlex in West Des Moines. Junior Olympic Games schedule is posted at www.aautrackandfield.org

AWARDS: Top THREE (3) place finishers in each event will receive medals. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. Medals will not be mailed home, it is the responsibility of the competitor, coach or parent to pick up awards before leaving the meet.

PACKET PICK-UP: *Wednesday, June 21, 2023* 7:00pm - 8:30pm @ MCM Elegante 5200 E. University Odessa, Texas 79762
Thursday, June 22, 2023 7:00am @ Ratliff Stadium 1862 East Yukon Rd, Odessa, TX 79765
Friday, June 23, 2023 7:00am @ Ratliff Stadium 1862 East Yukon Rd, Odessa, TX 79765
Saturday, June 24, 2023 7:00am @ Ratliff Stadium 1862 East Yukon Rd, Odessa, TX 79765

AGE DIVISIONS: Individual (base on year of birth) 8U, 9, 10, 11, 12, 13, 14, 15-16, 17-18

Relay events: 8U, 9-10, 11-12, 13-14, 15-16, 17-18

AGE DETERMINATION: The athlete's year of birth shall determine the age division in which he/she will compete for individual events:

NAME OF AGE GROUPS

8 AND UNDER
 9 YEAR OLDS
 10 YEAR OLDS
 11 YEAR OLDS
 12 YEAR OLDS
 13 YEAR OLDS
 14 YEAR OLDS
 15-16 YEAR OLDS
 17-18 YEAR OLDS

YEAR OF BIRTH

2015 & After*
 2014
 2013
 2012
 2011
 2010
 2009
 2007-2008
 2005-2006**

**Athletes who are still eighteen (18) years of age through August 5, 2023, the final day of the AAU Junior Olympic Games shall be eligible to compete.

ENTRY

DEADLINE:



The online entry deadline is Tuesday, June 20, 2023 @11:59pm Central Standard Time.

Online entry will be done at www.coacho.com .

Online registration will NOT be reopened after closing time. Therefore, you must make all final changes and pay before closing time on Tuesday night June 20th, 2023 at 11:59pm.

You must have your AAU membership card purchased before you enter this meet.

WARNING: Many coaches procrastinate and wait to register the last night. As a result, they end up running out of time and have experienced problems related to high volume. Running out of time and/or experiencing technical problems is no excuse for missing the registration deadline. **Make life easier by registering before Tuesday, June 20, 2023.**

PLEASE DOUBLE CHECK YOUR ENTRIES USING THE E-MAIL CONFIRMATION THAT YOU RECEIVE.

LOOK FOR and FIX THE FOLLOWING COMMON MISTAKES:

- 1) **Correct birth date (Entering an athlete with the incorrect birth date is unsportsman-like conduct and grounds for suspending the athlete and coach. Birth date and birth certificate must match).**
- 2) **Misspelled names, name that is on birth certificate must match their AAU Membership Card.**
- 3) **Incorrect athlete gender (list is divided by male and female for easy confirmation)**
- 4) **Missing relay teams or team members and alternates**
- 5) **Incorrect events (especially the selection of 100 hurdles by mistake)**

TO FIX MISTAKES AT PACKET PICK-UP/CHECK-IN:

- 1) **All clerical type changes, such as spelling of name, team designation, gender, and date of birth will be allowed for a processing and inconvenience fee of \$10 per athlete.**
- 2) **All changes related to an athlete's individual events and/or relay teams will be allowed for a fee of \$20 per change. This must be done the day before the actual competition.**
- 3) **All payments must be made in cash.**

ENTRY FEE:

TRACK AND FIELD INDIVIDUAL ENTRY FEE: \$30.00 per athlete

The Track & Field meet entry fee is \$30.00 per athlete regardless of the number events. Fee must be paid on-line at the time of registration.

MULTI-EVENT ENTRY FEE: \$30.00 per athlete (Track and Field and Multi Event are two separate events)

The Multi-Event competition is a separate event and costs \$30.00. Fee must be paid on-line at the time of registration.

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Entry fees are per athlete. **No substitutions allowed after submission.** All athlete entries must be made on-line. Visa & MasterCard accepted. There will be a **SERVICE FEE** charged to your credit card for the transaction.

RELAY TEAMS :	There is no additional entry fee for relay events as long as the following criteria are met: 1) All competitors as well as alternates have paid the individual entry fee of \$30.00. 2) The relay team must have a current 2023 AAU registered club. 3) All competitors must have current AAU membership														
ELIGIBILITY:	Open to any athlete or club/team who holds a current AAU Membership. Register coaches, athletes, and clubs/teams with your local AAU Association. You may also register athletes instantly on line at www.aausports.org . The annual fee for individual Youth Athlete membership is \$14.00 or \$16.00 and Non-Athlete (Coaches, club contact and others associated with the administration of the team or club) membership fee is \$16.00 or \$18.00. <i>Individual athletes (unattached) and Clubs from other organizations are also encouraged to compete in this Championship upon becoming members of the AAU.</i>														
AAU MEMBERSHIP:	All athletes and coaches must be able to present their 2023 AAU membership cards at time of Check-in. All relay teams and clubs/teams must be able to present current 2023 AAU Club membership at check-in.														
EVENT LIMITATIONS:	All competitors in the 8 and under, 9 year olds, 10 year olds, 11 year olds, 12 year olds age divisions will be limited to a maximum of (3) three events per competitor, including relays but excluding multi-events which is a stand alone event. Competitors in the 13 year olds, 14 year olds, 15-16 year olds, 17-18 year olds age divisions will be limited to a total of (4) four events per competitor, including relays but excluding multi-events which is a stand alone event.														
CHECK-IN:	On-Site Check In: Check-in for all athletes and coaches participating in the West Texas AAU Regional Meet will be held at the Ratliff Stadium. Hours of operation at the Box Office will be as follows : <table><tr><td>Day/Date</td><td>Open Time</td><td>Close Time</td></tr><tr><td>Thursday, June 22, 2023</td><td>7:00am</td><td>End of Competition</td></tr><tr><td>Friday, June 23, 2023</td><td>7:00am</td><td>End of Competition</td></tr><tr><td>Saturday, June 24, 2023</td><td>7:00am</td><td>End of Competition</td></tr></table> NOTE: It is highly recommended that you pick up your packet on the day before, especially if you have a race or event first thing in the morning. Races and events WILL NOT be held up for athletes picking up bib numbers.			Day/Date	Open Time	Close Time	Thursday, June 22, 2023	7:00am	End of Competition	Friday, June 23, 2023	7:00am	End of Competition	Saturday, June 24, 2023	7:00am	End of Competition
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Thursday, June 22, 2023	7:00am	End of Competition													
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RESULTS:	Results will be posted on-line at www.aautrackandfield.com , www.coacho.com and www.westtexastrack.com														
CHALLENGE PERIOD:	Any persons wanting to challenge the final results must do so via e-mail to the meet coordinator within 24 hours of the conclusion of the meet. This will be for just clerical errors (recording wrong mark) or eligibility issues. Any issues regarding competition rules will follow USATF rules guidelines.														
JUNIOR OLYMPIC DECLARATION & REGISTRATION INFORMATION:	Qualifiers for the 2023 AAU Junior Olympic Games in West Des Moines, Iowa, must declare, register, and pay for the meet on-line through www.coacho.com before July 18th, 2023 at 11:59 PM EST. No entries will be accepted after the 11:59 PM EST (10:59 PM Central Standard Time). Do not jeopardize your athletes chance to compete by not completing this step before the AAU Junior Olympic Games registration deadline. There will be over 10,000 Track and Field Athletes participating in Iowa.														

PARKING: No charge for parking.

SPECTATOR WRISTBANDS: Spectators must wear wristband AROUND WRIST before entering the stadium **!!NO EXCEPTIONS!!**
Children under the age of three (3) are admitted for free.
Thursday, June 22, 2023 \$10.00 or \$25.00 one 3-day wristband
Friday, June 23, 2023 \$10.00
Saturday, June 24, 2023 \$10.00

**COACHES
PASSES:**

All Athletes must be members of the Same Club and have a Club Membership.

1-9 Athletes NO (0) complimentary Coaches Credential issued

10-16 Athletes One (1) complimentary Coaches Credential per club

17-25 Athletes Two (2) complimentary Coaches Credentials per club

Over 25 Athletes* Three (3) complimentary Coaches Credentials per club

*A Maximum of three (3) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. Coaches passes will be handed out the time of packet pick up. If AAU memberships are not presented at this time, Coaches Credentials will be forfeited. Absolutely NO Replacements for LOST or Stolen Credentials.

AAU memberships will not be sold at the meet!!!!

You must have your AAU membership card purchased before you enter this meet.

MEDICAL: Emergency Medical personnel are on call; all other injuries are up to parents/coaches.

FLUIDS: Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.

WEATHER: The average high temperatures in Odessa, Texas during the months of June and July are in the high 90's.

TRACK & FIELD VENUE INFORMATION

CANOPY/TENTS: Canopy/Tents will be allowed to be erected in a limited area. However, the canopy/tents cannot be staked down, and tops must be removed daily at the end of competition or during inclement weather.

**SHOWER &
LOCKER ROOMS:** There are no shower or locker room facilities available at the track & field venue. All competitors need to dress at their hotel and arrive at the complex ready to compete.

**RESTROOM
FACILITIES:** Restroom facilities will be available at the track & field venue.

**COMPETITOR
NUMBERS:** Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten dollar (\$10.00) replacement fee for lost bib numbers.

HIP NUMBERS: Hip numbers will be issued at clerk of the course and will be required for most running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

IMPLEMENTS: Athletes **must** bring their own implements to use during competition. However, personal implements will be required to be weighed-in prior to reporting to the event site. Implement weigh-in will occur at the warm-up areas of the event. Implements will be impounded and delivered to the event area. Implements will be returned to the athletes after competition. (This does not include turbo javelins and pole vault poles)

PROTESTS: Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters which develop during the conduct of the meet must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed on official protest forms and presented to the Protest Table. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals, accompanied by a **cash deposit of \$100.** The jury's decision is final.

REVISED 06/20/2023

The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

- ATHLETE WARM-UP:** The warm up area will be located : Map of area coming will be in final meet packet
- COMPETITOR CHECK-IN:** Competitors will be given a final call to check-in 1 hour prior to the start of their event. Any athlete not checked in at this time will be scratched from the event.
- COOLERS:** As part of security and safety measures by Ratliff Stadium, NO GLASS CONTAINERS. Provisions are in place to handle medications, infant products, and special dietary foods. All coolers, bags, backpacks, and duffels will be subject to the existing security inspection process.
- SCHEDULE:** This meet timeline will run on a rolling schedule and subject to change. If an athlete's event is called during participation of another event, please inform officials, go report/check-in then **RETURN** to complete the initial event.
- QUALIFICATION:** This meet is OPEN to any current 2023 AAU member in Region 18.
- APPAREL:** Event shirts and merchandise will be available
- HOTEL INFORMATION:** www.westtexastrack.com



**Need uniforms? Bags?
Check out Coacho.com**

MEET CONTACT INFORMATION

Stella Neboh - West Texas Track Club
MEET COORDINATOR
432.599.0364

Coach Lamont Smith
MEET MANAGER

Eugene Neboh Jr. - West Texas Track Club
MEET CO-COORDINATOR
eugeneneboh@gmail.com

Angie Chavez - West Texas Track Club
AAU MEMBERSHIP

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.



West Texas AAU Regional Meet

Region 18

Schedule of Events



YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE. A REVISED MEET SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.

CLASSIFICATION

8G - 8 and under girls	8B - 8 and under boys
9G - 9 year old girls	9B - 9 year old boys
10G - 10 year old girls	10B - 10 year old boys
11G - 11 year old girls	11B - 11 year old boys
12G - 12 year old girls	12B - 12 year old boys
13G - 13 year old girls	13B - 13 year old boys
14G - 14 year old girls	14B - 14 year old boys
15-16G - 15-16 year old girls	15-16B - 15-16 year old boys
17-18G - 17-18 year old girls	17-18B - 17-18 year old boys

In all running events, EXCEPT RELAYS, where "ALL DIVISIONS" are indicated, the order will be: 8G, 8B, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B

TF = TIMED FINALS

F = FINALS

Thursday, June 22, 2023

RUNNING EVENTS

!!!15-16 & 17-18 year old divisions MUST use starting blocks in the sprint races!!!

THIS IS A ROLLING SCHEDULE

8:00am	Decathlon	15-16B/17-18B Combined	100M, LJ, SP, HJ, 400M
	Heptathlon	15-16G/17-18G Combined	100H, HJ, SP, 200M
	Triathlon	9B/10B Combined	SP, HJ 400M
	Pentathlon	11B,12B,13B,14B Combined	80H or 100H, LJ, SP, HJ, 1500M
	Triathlon	9G/10G Combined	SP, HJ 200M
	Pentathlon	11G,12G,13G,14G Combined	80H or 100H, LJ, SP, HJ, 800M
	3000m	ALL DIVISIONS (TF)	
	1500m Racewalk	9G,9B,10G,10B,11G,11B,12G,12B Combined	
	3000m Racewalk	13G,13B,14G,14B,15-16G,15-16B,17-18G,17-18B Combined	
	2000m Steeplechase	15-16G&B/17-18G&B (TF)	
	3200m Relay	ALL DIVISIONS (TF)	
5:00pm	100m Prelims	ALL DIVISIONS	
		*ATHLETES MUST CHECK IN WHEN EVENT IS ANNOUNCED	
	1500m	ALL DIVISIONS	

FIELD EVENTS

Age divisions might be combined with other divisions (example 15-16B and 17-18B).

It is strongly suggested that athletes be ready to go at the scheduled time.

LJ, TJ, DT, SP, JV WILL RECEIVE 4 ATTEMPTS, NO FINALS

THIS IS A ROLLING SCHEDULE

8:00am	Discus	ALL DIVISIONS (F)
	Javelin	ALL DIVISIONS (F)
	Triple Jump	ALL DIVISIONS (F)
	Pole Vault	ALL DIVISIONS (F)



West Texas AAU Regional Meet

Region 18

Schedule of Events

Friday, June 23, 2023



RUNNING EVENTS

* Some distance races might be combined

THIS IS A ROLLING SCHEDULE

7:30am

Decathlon
Heptathlon

15-16G/17-18G Combined
15-16B/17-18B Combined

110H, DT, PV JAV, 1500M
LJ, JAV, 800M

FIELD EVENTS

Age divisions might be combined with other divisions (example 15-16B and 17-18B). It is strongly suggested that athletes be ready to go at the scheduled time.

LJ, TJ, DT, SP, JV WILL RECEIVE 4 ATTEMPTS, NO FINALS

THIS IS A ROLLING SCHEDULE

7:30am

High Jump
Shot Put
Long Jump

ALL DIVISIONS (F)
ALL DIVISIONS (F)
ALL DIVISIONS (F)

Saturday, June 24, 2023

RUNNING EVENTS

!!!15-16 & 17-18 year old divisions MUST use starting blocks in the sprint races!!!

* Some distance races might be combined

THIS IS A ROLLING SCHEDULE

7:30am

400m Relay
80m Hurdles
100m Hurdles
110m Hurdles
800m
100m
400m
200m Hurdles
400m Hurdles
200m
1600m Relay

ALL DIVISIONS (TF)
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**TOP 6 RUNNING INDIVIDUAL FINISHERS, TOP 6 FIELD FINISHERS
AND TOP 6 RELAY TEAMS & 4 MULTI-EVENT QUALIFY
FOR THE AAU JUNIOR OLYMPIC GAMES**



2023 AAU EVENT STANDARDS



THROWING IMPLEMENTS USED

AGE DIVISION	SHOT PUT	DISCUS	JAVELIN	TURBO JAVELIN
8G, 8B	4 lbs	-----	-----	300 grams
9G, 9B	6 lbs	-----	-----	400 grams
10G, 10B	6 lbs	-----	-----	400 grams
11G, 11B	6 lbs	1.0 kg (2 lbs 3 ¼ oz)	-----	400 grams
12G, 12B	6 lbs	1.0 kg (2 lbs 3 ¼ oz)	-----	400 grams
13G	6 lbs	1.0 kg (2 lbs 3 ¼ oz)	600 grams	
13B	4 kg	1.0 kg (2 lbs 3 ¼ oz)	600 grams	
14G	6 lbs	1.0 kg (2 lbs 3 ¼ oz)	600 grams	
14B	4 kg	1.0 kg (2 lbs 3 ¼ oz)	600 grams	
15-16G)	4 kg	1.0 kg (2 lbs 3 ¼ oz)	600 grams	
15-16B	12 lbs	1.6 kg (3 lbs 9 oz)	800 grams	
17-18G	4 kg	1.0 kg (2 lbs 3 ¼ oz)	600 grams	
17-18B	12 lbs	1.6 kg (3 lbs 9 oz)	800 grams	

OUTDOOR MEET HURDLE RACES

EVENTS	AGE DIV	# of HURDLES	HURDLE HEIGHT	TO 1 st HURDLE	BETWEEN HURDLES	LAST HURDLE TO FINISH
80m	11G	8	30"	12m	7.5m	15.5m
	11B	8	30"	12m	7.5m	15.5m
	12G	8	30"	12m	7.5m	15.5m
	12B	8	30"	12m	7.5m	15.5m
100m	13G	10	30"	13m	8.5m	10.5m
	13B	10	33"	13m	8.5m	10.5m
	14G	10	30"	13m	8.5m	10.5m
	14B	10	33"	13m	8.5m	10.5m
	15-16G	10	33"	13m	8.5m	10.5m
	17-18G	10	33"	13m	8.5m	10.5m
110m	15-16B	10	39"	13.72m	9.14m	14.02m
	17-18B	10	39"	13.72m	9.14m	14.02m
200m	13G	5	30"	20m	35m	40m
	13B	5	30"	20m	35m	40m
	14G	5	30"	20m	35m	40m
	14B	5	30"	20m	35m	40m
400m	15-16G	10	30"	45m	35m	40m
	17-18G	10	30"	45m	35m	40m
400m	15-16B	10	36"	45m	35m	40m
	17-18B	10	36"	45m	35m	40m